

Table of Contents

Chapter 1:	Journey To Self	9
Chapter 2:	Attracting Life Lessons	33
Chapter 3:	Strength Through Forgiveness	53
Chapter 4:	Self-love	71
Chapter 5:	Self-evaluation	90
Chapter 6:	Love, Money, and Career	118
Chapter 7:	Effective Communication	132
Chapter 8:	Spirituality	144
Chapter 9:	Ties that Bind	156
Chapter 10:	How To Attract the Ideal Partner	164
Chapter 11:	Dating Types To Avoid	177
Chapter 12:	Creating Connection	183
	Conclusion	200
	About The Author	202